



## Mom, How Do I Do the Laundry?

### Clothes Washing Checklist

1. Sort all clothes, sheet, towels, etc. into three piles:
  - a. Whites (anything that is PURE white)
  - b. Lights (pastel colors, yellows, creams, etc.)
  - c. Darks (navy blue, black, red, brown, etc.)
  
2. Load like color clothes into the WASHER, careful not to overfill the wash basin.
  - a. Add detergent (either to the basin OR to a designated dispenser)
  - b. Add bleach (if washing WHITES) to a designated dispenser
  - c. Add fabric softener to designated dispense (\*this is optional)
  - d. Select the load size (small, medium, large or extra large) to tell the machine how much water to add
  - e. Select the water temperature:
    - i. HOT- is for WHITES
    - ii. WARM- is for LIGHT colors
    - iii. COLD- is for DARK colors to keep them from bleeding into each other
  - f. Select the type of wash (heavy, light, delicates, etc.)
  - g. Press START
  
3. After your wash is complete, switch the load over to the DRYER.
  - a. Clean the lint trap
  - b. Add dryer sheets and/or dryer balls to prevent static electricity and to help the load dry evenly
  
4. FOLD or hang your clothes as soon as possible after the dryer cycle is completed. This helps prevent your clothes from becoming super wrinkled (which means less ironing!!)